(1) Gather a bunch friends with children. (2) Grab one, two, or maybe three bottles of your favorite vino. (3) Take a brief moment to reflect fondly, maybe with rosé-colored glasses, on your joyous days of mothering toddlers. (4) Elect one person to read the scenarios aloud.

## Take a sip of wine if...

- 1. Your child woke you up at 5 am this morning.
- 2. Your child has caught you in the act of throwing away their daily art projects.
- 3. You've stepped on a teeny tiny sharp toy left on the ground within the last 48 hours.
- 4. Your child has allowed his classmate to do an art project on the back of his shirt.
- 5. A local establishment has offered your child free candy or a sticker directly, without checking with you first. (Take another if exerting your authority caused a tantrum.)
- 6. The daycare called telling you your child a high fever, you rushed over to get him, asked them to take his temperature again it read normally.
- 7. Your child won't let you comb her hair.
- 8. Your child used an entire roll of toilet paper for one bathroom visit.
- 9. Your child totally forgot to wipe after using the bathroom.
- 10. Your child cried after hitting YOU.
- 11. Your child has cried AFTER giving her EXACTLY what she asked for.
- 12. Your children have ever turned their bedroom into a nightclub, flickering the lights off and on after being put to bed.
- 13. Your child cried because you won't read him read the 10th bedtime story for the evening.
- 14. Being the "cool mom" backfired because you let your kids play in the puddles outside, but you forgot their shoes light up, and now they don't.
- 15. Your child has ever taken off the clothes you just put on her because she wanted to dress herself.
- 16. Your child refused to wear the outfit you picked out for her and then refused to choose another option.
- 17. Your child has refused to brush his teeth because he just wanted to eat the toothpaste.
- 18. Your kid flushed the toilet, you have no idea what was flushed, and the flusher couldn't tell you.
- 19. Your child stuck something up his nose requiring an emergency room visit.
- 20. Your child colored on the walls of a house you that you don't own.
- 21. Your daycare has taken pictures of your children in holiday garb in an elaborate ruse to get you to buy the pictures after you see how cute they are.
- 22. Your child has thrown a tantrum for no apparent reason.
- 23. You've ever been in a hurry to get somewhere, and your child refused to get in the car.
- 24. Your child has ever refused to eat the dinner your prepared but wants snacks 15 minutes later.
- 25. Your child has ever refused to eat the exact thing he requested you to make him for dinner.